

Daily Exercise

M = middle
F = frog
T = tip

M
F
T
0

Use only 1 inch of the bow hair.

7

16

legato

4 4 3 3 2 2 1 1

G

* Gradually add arm weight until each harmonics become natural E sound.

Exercise in Bille Style



Sul G



* Play on the other strings, as well as octave higher and in elbow position.

Major and Minor 3rds and 6ths: The top note should always be tuned to the bottom notes. For pure intonation, the top notes of the major 3rd and 6th should be intonated slightly low and the minor 3rd and 6th slightly high.

Double Stops

Perfect 5ths

9

17

25

33

41

49 Major & Minor 3rds

56

64 Major & Minor 3rds

71

79 Major & Minor 6ths

87

95 Octaves

103

111

Vibrato

* Play other finger combination (2-4-2, 1-3-1, 1-4-1).

13

* Play same exercise on each notes.

23

Vomit

Finger Combination, set A: (1-1, 1-1), (1-2, 2-1), (1-3, 3-1), (1-4, 4-1) set B: (2-1, 1-2), (2-2, 2-2), (2-3, 3-2), (2-4, 4-2)
 set C: (3-1, 1-3), (3-2, 2-3), (3-3, 3-3), (3-4, 4-3) set D: (4-1, 1-4), (4-2, 2-4), (4-3, 3-4), (4-4, 4-4)
 *set B and set C are played in Dorian Scale start from B

Low Position



Thumb Position



Elbow Position



High Position



One Finger Scales

4-4
3-3
2-2
1-1 1 1-1 1

* with vibrato

9

17

25